JOHARI WINDOW

KNOWN BY SELF What I see in me

UNKNOWN BY SELF What I do not see in me



PUBLIC – **OPEN**

BLIND SIDE



KNOWN BY OTHERS What you see in Me

Put all adjectives that both you AND someone else selected

Put all adjectives that anyone else picked but you did not.



Put all adjectives that you chose, but no one else chose.



Put all remaining adjectives that were not used by you or anyone else. And then draw lines to create the appropriate size panes around your window.

UNKNOWN BY OTHERS What you do not see in me



PRIVATE/ HIDDEN SELF

UNDISCOVERED SELF

able	accepting	adaptable	bold	brave
calm	caring	cheerful	clever	complex
confident	dependable	dignified	energetic	extroverted
friendly	giving	happy	helpful	idealistic
independent	ingenious	intelligent	introverted	kind
knowledgeable	logical	loving	mature	modest
nervous	observant	organized	patient	powerful
proud	quiet	reflective	relaxed	religious
responsive	searching	self-assertive	self-conscious	sensible
sentimental	shy	silly	spontaneous	sympathetic
tense	trustworthy	warm	wise	witty

©Sheila West, Real Living Ministries 2007 This concept developed from the Johari Window model which was devised by American psychologists Joseph Luft and Harry Ingham in 1955,